<u>HES.FIVETOWNS.NET</u> NOVEMBER 11, 2022

# The Hawk's Eye

#### Weekly News from Hope Elementary School



**Kindergarten** was busy learning about **Veterans Day** this week! They worked together to create very special cards honoring the local veterans for their service!

Ronni, Beau & Bjorn are especially proud of their dads and would like to say: Happy Veterans Day, Dad! Thank you for your service.

### **Upcoming Events for Your Calendar**

Nov. 7th-14th - HES Canned Food Drive (see flyer)

Nov. 10th - HES Middle School Dance (7-9PM) for grades 6-8

Nov. 11th - Veterans Day (No School)

Nov. 14th - School Committee meeting with Restorative Practices info session (6PM)

Nov. 15th - Book Talk for grades K-2

Nov. 21st - 25th - Teacher workshop days & Thanksgiving break (No School)

Nov. 28th-Dec. 8 - Scholastic Book Fair

Nov. 29th - Lifetouch re-take day and class photo day

Dec. 2nd - End of first trimester

Dec. 8th - Grades K-4 Winter Concert (6PM)

Dec. 15th - Grades 5-8 Winter Concert (6PM)

Dec. 16th - Family Movie Night (more info soon)

Dec. 22nd - Early release (11:30AM) for students & staff

Dec. 23rd - Jan. 2nd - Holiday break (No School)



"May we think of freedom, not as the right to do as we please, but as the opportunity to do what is right."

~Peter Marshall



Please help us collect non-perishable canned foods for our local food pantry. Donations of cereal, canned fruit & veggies, and canned meats all appreciated!



#### Reminder:

There are lots of lost & found items in the gym. Please remind students to check for missing items!

## Thank you to all our local veterans for your service!



## Maine Youth Leadership Day at Hyde School in Bath

Some of our HES middle school students enjoyed a day of exploring the importance of tackling challenges and working through obstacles at the Maine Youth Leadership Day last week. The Keynote Speaker was Shawn Gorman who is the Executive Chairman of L.L. Bean. What an awesome experience!









### **Busline Basketball**



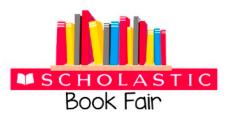
We are excited to announce that Busline League Basketball is now open for registration. The teams are currently open to students in 6th, 7th and 8th grades. Players must have a current (no older than two years) physical form on file to participate in practices and games. The physical form can be found <a href="here">here</a>. Parents must register through <a href="this Google Form">this Google Form</a>.

The season will not start until after Thanskgiving with our first game scheduled for December 5th and the last game of the regular season on January 21st. This is generally a five day a week program, Monday-Friday, with two games per week. Games usually start at 3:45 PM. Girls will play first in 2022 and boys will play first in 2023. Students will take a bus to and from away games and will be brought back to HES. A final schedule will be coming soon.

We will be using TeamReach, a mobile team app, for communication. All registered parents will be invited to join TeamReach. If you choose not to use TeamReach, let us know and we will find an alternate way to inform you of schedules, information, etc. A game schedule will also be posted on our website. Stay tuned.

We look forward to seeing you on the court!

https://forms.gle/XVu2esNyCbkTwXdZ7



Hello HES Families,

The Scholastic Book Fair is coming our way! Our fair will take place from November 28th-December 2nd in the Hope Elementary School Library. Families have the option of purchasing books with cash or setting up an eWallet for their student before they visit the fair. Every class will visit the fair but if you'd like to browse for new books together, stop by the HES Library on Monday, Tuesday, or Thursday from 2:45-3:45pm for Family Book Fair time!

Check out our Book Fair Homepage to set up your eWallet, order books online, or preview the books that students will choose from later this month! Use this link (<a href="https://bookfairs.scholastic.com/bf/hes20">https://bookfairs.scholastic.com/bf/hes20</a>) or this QR code to get started.



Happy Reading!
Ms. Gluck
charlie.gluck@fivetowns.net

## Hope Elementary School Menu



## November 2022

			90 TO	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1	2	3	4
	Chicken Noodle Soup Fruit/Veggies/Milk	Popcorn Chicken & Potato Wedges	Pancakes & Sausage Fruit/Veggies/Milk	Cheese Pizza Fruit/Veggies/Milk
	B: Cereal	B: Muffins & Cheese Stick	B: Yogurt parfait	B: Fruit Salad
7	8	9	10	11
Hot Dogs w/Chips Fruit/ Veggies/Milk	Macaroni & Cheese Fruit/Veggies/Milk	Spaghetti with Meat Sauce Fruit/Veggies/Milk	Pepperoni Pizza Fruit/Veggies/Milk	No School - Veterans Day
B: Muffins & Cheese Stick	B: Cereal	B: Yogurt Parfait	B: Fruit Salad	
14	15	16	17	18
Ham Italian w/Chips Fruit/Veggies/Milk	Pepperoni Stromboli Fruit/Veggies/Milk	Cheeseburgers Fruit/Veggies/Milk	Turkey Dinner w/Stuffing & Mashed Potatoes	Cheese Pizza Fruit/Veggies/Milk
B: Muffins & Cheese Stick	B: Cereal	B: Yogurt Parfait	B: Fruit Salad	B: Cereal Bars
21	22	23	24	25
No School	No School	No School	Happy Thanksgiving!	No School
28	29	30		
Crispy Chicken Sandwich Fruit/Veggies/Milk	American Chop Suey Fruit/Veggies/Milk	Popcorn Chicken w/Macaroni & Cheese		
B: Cereal	B: Muffins & Cheese Stick	B: Yogurt Parfait		

Student meals are free.

Milk without a meal is \$.40 Adult meal: \$4

Breakfast includes protein, fruit, whole grain, and milk.

Lunch options include a choice of salad, bagel, or sandwich/entrée of the day. Fruit, a whole grain item, veggie slices and milk are offered with all meals.

Menu is subject to change.

HES is an equal opportunity provider. Payments should be made payable to: Hope Elementary School https://k12paymentcenter.com

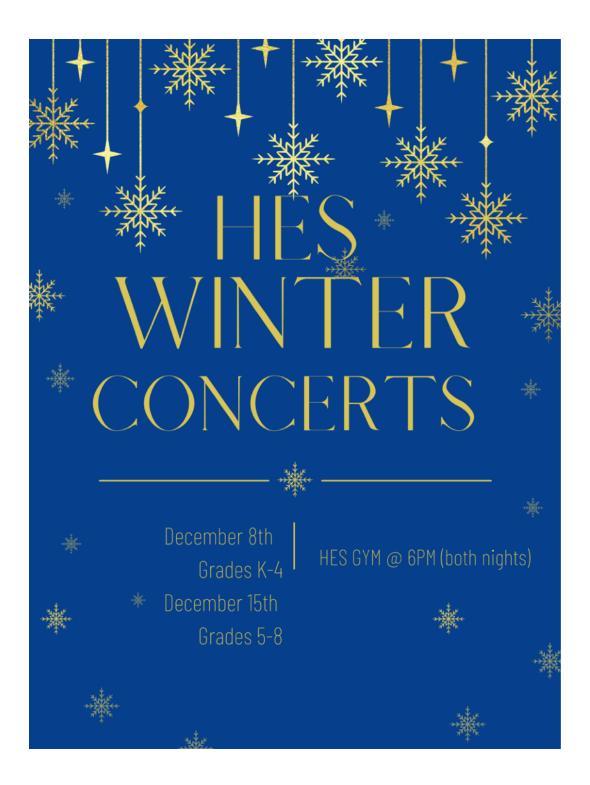
#### Annual CHRHS Ski Team Ski Sale A Great event that supports affordable outdoor fun

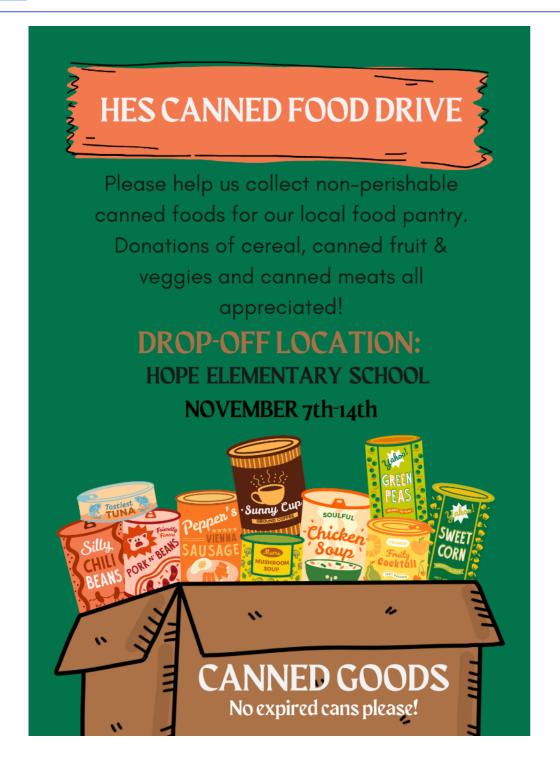
Have your kids outgrown their winter gear? Do you have gear that is no longer working for you or your family? The best way to enjoy Winter is to get outside! The best deal in town to get your Winter gear is the annual Camden Hills Regional High School Ski Team Ski Sale. Gear for sale includes skis (both nordic and alpine), boots, poles, snowboards, skates, helmets, skates, winter clothing and more.

To sell your gear pre-register equipment online at <a href="https://sites.google.com/site/chrhsskisale">https://sites.google.com/site/chrhsskisale</a>. Bring items you want to sell to Camden Hills Regional High School on Friday, November 18th from 3:30 PM until 8 PM. Unfortunately we don't have space to store items ahead of time. You set the price; the high school ski team keeps 25% and you get 75%. You can set a lower Sunday price for any items that do not sell on Saturday. On Sunday between noon and 1:30 pm, pick up a check for 75% of what was sold and take home any items that didn't sell. You can watch online what sells by going to the website. If your items don't sell they must be picked up by 1:30pm on Sunday or they will become the property of the CHRHS ski teams.

The sale itself happens at Camden Hills Regional High School on Saturday, November 19th from 9 am until 1 pm and Sunday, November 20th from 10 am until 1:00 pm. SideCountry Sports and Ragged Mountain Sports will be selling new and used gear at great prices. Selection is better on Saturday but there are bargains on Sunday. Sunday prices will be available on the website after 5 pm Saturday.

The annual CHRHS Ski Team Ski Sale is the only one of its kind in the midcoast- you won't want to miss it. For more information, go to http://sites.google.com/site/chrhsskisale or call 542-7571.







## **AFTER SCHOOL CARE**

2022-2023 School Year

**NOW ENROLLING** 





## **NURTURING YOUR CHILD'S POTENTIAL**

Penobscot Bay YMCA & Rockland Harbor YMCA

## AFTER SCHOOL PROGRAMS

Grades Kindergarten & Up

The Y's Afterschool Programs provide school age kids a safe environment for learning and imaginative activities that encourage exploration of who they are and what they can achieve!

#### **DAILY ACTIVITIES!**

- STEM (Science, Technology, Engineering & Math)
- Games Physical Activity Arts and Crafts

#### To Confirm your Registration for the 2022-23 School Year:

- 1. Visit www.penbayymca.org to download the Afterschool Enrollment Packet.
- 2. Please submit the enrollment packet, with billing information for each child you would like to register, to Benjie Blake at bblake@penbayymca.org or drop off at the Rockport branch location.
- 3. Submit a signed acknowledgement of receipt of the Parent Handbook.
- 4. Submit Immunization Records: your child's Pediatrician's office may fax records directly to the Y at 236.8458. Records may also be dropped off at our Rockport location or emailed directly to bblake@penbayymca.org.
- 5. You will receive an email confirmation when your child's enrollment is confirmed.
- 6. Payments will be electronically drafted the Friday before each week of care.



The Y accepts DHHS subsidy and childcare vouchers.



PROGRAM LOCATION	AFTERSCHOOL RATE	PROGRAM TIME
Camden/Rockport Elementary (CRES)	3 Days: \$57 or 5 Days: \$85	Afterschool - 5:30 PM
Lincolnville Central School (LCS) Grades K –5	3 Days: \$53 or 5 Days: \$80	Afterschool - 5:30 PM
Ash Point Community School (Owls Head)	Fee waived – paid by RSU 13	Afterschool - 5:30 PM
Rockland South School	3 Days: \$53 or 5 Days: \$80	Afterschool - 5:30 PM

WWW.PENBAYYMCA.ORG • 236.8201 • BBLAKE@PENBAYYMCA.ORG







## CONFIDENCE ON AND OFF THE COURT

## YOUTH BASKETBALL

#### **VOLUNTEERS NEEDED!**

The success of our youth sports programs rely on volunteers, coaches, and refs. If you are able to help out in any capacity, please contact Benjie Blake, Director of Sports & Camping, at 236-8201 or bblake@penbayymca.org.

#### FINANCIAL ASSISTANCE:

As always, we strive to provide programming where all are welcome and able to participate, regardless of age or income. Please contact the Y at 236-3375 with questions about financial assistance and details on how to apply.

#### **REGISTER TODAY!**

☆ Call - 207.236.3375

☆ Register online - visit penbayymca.org and click on the purple "register" button located on the home page.

# CO-ED KINDERGARTEN CLINIC November 9th - December 21 (6-Week Session) Wednesdays: 5:00-6:00 PM

Introduction to basketball, through skills stations and age appropriate skill based games. Beginning to learn basketball lingo as well as developing a love for the game. Location: Penobscot Bay YMCA Gymnasium

Instructor: Ryan Economy Cost: \$45 - includes t-shirt!

#### **GRADES 1 & 2**

November 19 - January 28 (8-Week Session)
Saturday: Rotating 1 hour time slots between 9AM-1PM Our 1st & 2nd grade basketball program is a co-ed development league that will place the emphasis on skill development, sportsmanship, and fair play. It is our goal for as many children as possible to have a positive experience, during their time in the 1st & 2nd grade basketball league. The first week will consist of a 1-hour clinic. Week 2 will be a full hour practice with their team. The remainder of the season will consist of each team having a 30 minute practice and 30 minute game. Location: Penobscot Bay YMCA Gymnasium Cost: \$45 - includes team t-shirt!

#### **GRADES 3 & 4**

November 14- February 11

Grades 3 & 4 will play in the Mid-Coast League which allow players to play different opponents and play in gyms from St. George to Rockport. Teams will be encouraged to work on skill development, fair play, teamwork, while having FUN! Each player will develop or fine tune their ball handling, shooting, passing, and defensive skills during practices and games.

- Skill Assessment: Penobscot Bay YMCA

   BOYS: Monday, November 14 @ 5:30-6:30 PM

   GIRLS: Tuesday, November 15 @ 5:30-6:30 PM

Practice Schedule: Penobscot Bay YMCA & CRES (Days & Times TBA). Each team will have 2 (1 hour) practices each week. .

Games: Saturdays

Cost: \$50 Member/Participant - includes team t-shirt!

#### GRADES 5 & 6

November 14- February 11
Grades 5 & 6 will play in the Mid-Coast League which allows players to play different opponents in gyms from St. George to Rockport. Coaches will focus on refining individual skills with an emphasis on team concepts needed for the next level of play.

- Skill Assessment: Penobscot Bay YMCA

   BOYS: Monday, November 14 @ 6:45-7:45 PM

   GIRLS: Tuesday, November 15 @6:45-7:45 PM

**Practice Schedule:** Penobscot Bay YMCA & CRES (Days & Times TBA). Each team will have 2 (1 hour) practices each week.
Games: Saturdays (with the potential of Wednesday)

Cost: \$50 Member/Participant - includes team t-shirt!

PLEASE NOTE: Game schedules for the Grades 3/4 and 5/6 leagues will be published after registration and the skills assessment nights are complete and the number of teams from all participating communities are determined. No games or practices will be held: December 24 or 31

Penobscot Bay YMCA ● 116 Union Street ● Rockport, Maine 04856 ● 207.236.3375 • www.penbayymca.org